

Appointment and Cancellation Policy

Sessions:

My time is valuable to me. I appreciate being able to start the session on time and ending on time.

The initial session is **60-minutes** and the follow-up is **30** minutes. The session will start when you arrive and end on schedule.

Cancellations:

Time is set aside in my schedule explicitly for you. Since I cannot fill appointment times on short notice, **24-hour notification is required**.

If the notification is given in less than 24-hours the scheduled appointment; there will be a \$50 charge

Appointments:

The best results have been seen in those who attend weekly visits for the first month and biweekly or monthly thereafter.

Signature	Date:
Printed Name	

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